

Meet Alison

Details:

Role: Preceptor Midwife

Experience: Qualified 1 year ago, has done 6 months on postnatal ward and delivery suite. She has now rotated to the Midwife Led Unit

KEY CONCERNS:

I feel scared to go to the MLU because I never really practiced IA during my training, all I really saw was CTG

I do so much consultant led care and you are used to having the CTG running so with IA you're like 'Oh gosh' especially towards the end when its every 5 minutes

When you are supporting a birth in the MLU it's just you on your own, on delivery suite there are always lots of people around

Support for Alison



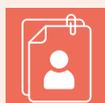
I spoke to my manager

I told her I had not done much IA during my training and I feel I don't have confidence in the method.



Online training

I did the online training and chatted it through with the fetal monitoring midwife.



Personal support plan

We made a support plan where the fetal monitoring midwife works the same shifts as me. If I am caring for a laboring woman, she supports me with the IA.



Reflection

I reflected on my learning with my manager, I've been doing IA correctly, but working with colleagues has enabled me to apply my learning in a supported environment.



Continued support

They have a wellbeing check here, the senior midwife comes in to check that you are okay, how is mum and baby, they will check the fetal heart rate with you. It gives me confidence to know someone is supporting me and I can talk through my plan of care.

